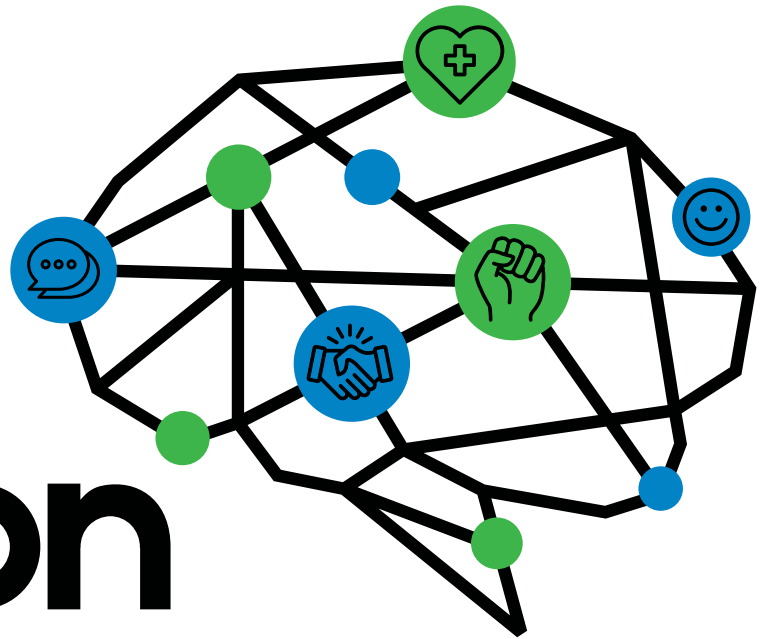


Minds in Motion



A School-Age Skill Building Workshop

Participants will engage in a dynamic and interactive 1.5-hour workshop designed to equip parents with the essential tools for nurturing the cognitive, emotional, and social development of their school-age children. Through a combination of presentations, hands-on activities, and collaborative discussions, participants will delve into key areas such as Cognitive Empowerment, Emotional Intelligence, Effective Communication, Building Healthy Habits, and Social Skills and Peer Relationships.

MONDAY

March 4

Deerfield Library | 6:30 p.m.

